

Wellness Committee Meeting
May 27, 2014
Minutes

- Establish dates and times for 2014-2015 Wellness Meetings:
 1. 9/23/2014 3:30 pm
 2. 10/28/2014 6:00 pm
 3. 11/25/2014 3:30 pm
 4. 12/23/2014 3:30 pm
 5. 1/27/2015 6:00 pm
 6. 2/24/2015 6:00 pm
 7. 3/24/2015 3:30 pm
 8. 4/28/2015 6:00 pm
 9. 5/26/2015 3:30 pm
- Meetings are scheduled for 90 minutes
- Each Meeting will have designated topics for discussion from the WellSAT and SHI. Also, invitations will be extended to specific people to speak to about their content specialty:
 - 9/23/2014
 - Nutrition Education and Wellness Promotion, Health Promotions and Health Education
 - Victoria Kier, Healthy Schools NY
 - Jenna Pearson, Blue Shield of NENY
 - Holly Ary, Health Educator
 - Amie Moore, Health Educator
 - 10/2/2014
 - Wellness Promotion, Nutrition Standards for USDA Schools, Nutrition
 - Pam Strompf, TH Head Cook
 - Victoria Kier, Healthy Schools NY
 - 11/25/2014 and 12/23/2014
 - Nutritional Guidelines for Competitive Schools, Family and Community Involvement
 - Pam Strompf, TH Head Cook
 - Victoria Kier, Healthy Schools NY
 - Bonnie Torchia, Booster Club
 - Nikki Banyard and Heidi Main, THES PTO Co-President
 - Dawn Lawson-Weingaertner, TH Jr/Sr HS PTO President

- 1/27/2015
 - Physical Education and Physical Activity
 - Taconic Hills Physical Education Staff
 - Mrs. Romero
 - Mrs. Hallenbeck
 - Mr. Davis
 - Mr. Russo
 - Mr. Kendrick
 - Ms. Ary
 - Mrs.
 - Teachers who are incorporating Physical Activity into the classroom
 - Mrs. Guerrero
 - Mrs. Stark
 - Mrs. Gaylord
- 2/24/2015
 - Evaluation of WellSAT
 - Victoria Kier, Healthy Schools NY
- 3/24/2015
 - School Health and Safety Policies and Environment, School Health Services, School Counseling Psychology, and Social Services.
 - Administrators
 - School Counselors and Psychologists
 - Kathy Keyser, School Nurse
- 4/28/2015 and 5/26/2015
 - Wellness Policy

Questions about BMI:

Can school opt out of participating in reporting our BMI?
 Will they single out Schools with the results for the BMI?
 What happens with the results?