

Wellness Meeting Minutes for March 25, 2014

Mr. Rivers talked about Blue Cross Blue Shield offering Biometric screening for employees on April 22, 2014. Many employees are presently not utilizing "Wellness Visits".

Loose to Win finished on 03/28/2014. 66 employees took part and had a big total weight lose.

There was also Stress Management offered at Supt. Conference Day.

Family track meet is scheduled for 06/11/2014. The group talked about having a Wellness table present. 100-150 people are expected to attend.

Victoria Kier spoke about Healthy Schools NY. She covers 5 counties.

Concession items were discussed.

Well Sat will be discussed at the next meeting 04/22/2014 at 6:00pm