

TACONIC HILLS CENTRAL SCHOOL DISTRICT
Craryville, NY 12521

Wellness Committee Meeting

Place: **Veterans Community Room**

Tuesday, **January 21, 2014**

Time: **6:00 p.m.**

1) Call to Order

at: 6:02

by: JR

A. Pledge of Allegiance

B. Members Present

<input checked="" type="checkbox"/>	John Rivers	JR	<input type="checkbox"/>	Alli Haskin	AS	<input checked="" type="checkbox"/>	Bonnie Torchia	BT	<input type="checkbox"/>
<input checked="" type="checkbox"/>	Pam Strompf	PS	<input type="checkbox"/>	Aimee Duncan	AD	<input type="checkbox"/>	Colleen Romero	CR	<input type="checkbox"/>
<input checked="" type="checkbox"/>	Janet Argus	JA	<input checked="" type="checkbox"/>	Hollie Ary	HA	<input type="checkbox"/>	Deborah Howard	DH	<input type="checkbox"/>
<input type="checkbox"/>	Marie Digirolamo	MD	<input type="checkbox"/>	John Gulisane	JG	<input type="checkbox"/>	Neil Howard	NH	<input type="checkbox"/>
<input checked="" type="checkbox"/>	Jenna Pearson	JP	<input type="checkbox"/>	Kim Chicarella	KC	<input type="checkbox"/>	Lynn Brandt	LB	<input type="checkbox"/>
<input type="checkbox"/>	Lynn Howard	LH	<input type="checkbox"/>	Nikki Banyard	NB	<input checked="" type="checkbox"/>	Shannon Hotaling	SH	<input type="checkbox"/>
<input type="checkbox"/>	Tessa Edick	TE	<input type="checkbox"/>	Scott Kraft	SK	<input type="checkbox"/>	Georgina Chamberlain	GC	<input type="checkbox"/>

C. Others Present

<input checked="" type="checkbox"/>	Donald McComb
<input type="checkbox"/>	
<input type="checkbox"/>	

2) Acceptance of Agenda

Motion: JR Seconded: PS

Vote: Yes 8 No: Abstention(s):

Resolution: Accepted Rejected Tabled

3) Presentation(s)

A. Jenna Pearson-Blue Cross Blue Shield-Wellness Programs for students

4) Report(s)

A. John Rivers-School Health Index Update

1. Discuss Modules-where to go from here

B. Committee events-Wellness Booth

5) Old Business (none)

6) Comments: See attached meeting minutes

WELLNESS COMMITTEE MINUTES FOR MEETING OF JANUARY 21, 2014

JENNA PEARSON FROM BLUE SHIELD OF NENY SPOKE ABOUT SERVICES OFFERED TO FACULTY AND STAFF WITH ONE OF THE GOALS BEING TO KEEPING INSURANCE COSTS LOW.

SOME OF THE PROGRAMS OFFERED ARE "LOOSE TO WIN" (over 60 employees participating) AND "UNDER PRESSURE" (in reference to blood pressure)

JENNA WILL SEND US BROCHURES ABOUT CHILDHOOD OBESITY TO HOPEFULLY BE SENT HOME WITH REPORT CARDS.

APRIL IS NATIONAL WALKING MONTH.

MR. RIVERS SPOKE ABOUT THE 8 SCHOOL HEALTH INDEX MODULES THAT WERE SENT OUT. HE HAS RECEIVED ALL BUT TWO BACK.

QUESTIONS WERE ASKED ABOUT SCHOOL MEALS AND THE PROCESSED MEATS. PAM STROMPF REPLIED THAT LOW SALT, LOW FAT, REDUCED SUGAR, ITEMS ARE ORDERED WHEN EVER POSSIBLE. SUGGESTIONS FOR MENU ITEMS ARE WELCOMED.

THE SUBJECT OF A WELLNESS BOOTH AT FRIDAY NIGHT GAMES WAS DISCUSSED. WE SPOKE ABOUT GAMES, CONTESTS, GIVEAWAYS, FRISBEE TOSSES, ETC.

MR. RIVERS WILL BE INVITING VICTORIA KEIR (NYS HEALTHY SCHOOLS) TO OUR NEXT MEETING TO HELP REVIEW OUR CURRENT WELLNESS POLICY.

NEXT MEETING IS 02/25/2014 AT 3:30 IN THE VETERENS COMMUNITY ROOM.